

Recommended Book List

Victory over the Darkness	By Neil Anderson
The Cure for All Diseases: With Many Case Histories	By Hulda Regehr Clark
The Road Back to You: An Enneagram Journey to Self-Discovery	By Ian Morgan Cron and Suzanne Stabile
The Hidden Messages in Water	By Masaru Emoto
The Three Battlegrounds	By Francis Frangipane
The Probiotics Revolution	By Gary Huffnagle and Sarah Wernick
Folk Medicine: A New England Almanac of Natural Health Care Form a Noted Vermont Country Doctor	By D.C. Jarvis, MD
Clean Gut	By Alejandro Junger
Switch on Your Brain	By Dr. Caroline Leaf
When Brains Collide	By Michael D Lewis, MD
Messages from The Body: Their Psychological Meaning	By Michael J Lincoln, Ph.D.
The Healing Code	By Alexander Lloyd
The Emotion Code	By Bradley Nelson
The Sugar Control Bible and Cookbook	By Dr. Jaqueline Paltis
The Maker's Diet	By Jordan Rubin
The Path Between Us: An Enneagram Journey to Healthy Relationships	By Suzanne Stabile
Why We Sleep: Unlocking the Power of Sleep and Dreams	By Matthew Walker, PhD
Adrenal Fatigue, The 21st Century Stress Syndrome	By James L Wilson N.D., D.C., PhD

Iodine: Why You Need It and Why You Can't Live Without It

By David Brownstein MD

Overcoming Thyroid Disorders

By David Brownstein MD

Bitten, The Secret History of Lyme Disease

By Kris Newby

German New Medicine, Experiences in Practice

By Katherine Willow, N.D.

Gut and Psychology Syndrome

By Natasha Campbell-McBride MD

Cleaning Up Your Mental Mess

By Dr. Caroline Leaf

The Silver Miracle

Dr. Gordon Peterson Ph.D.

Splanka, The Redemption of Energy Healing for the Kingdom of God

By Sarah J. Thiessen